

Your investments are positively impacting lives of people here in your community within in each of the five Community Priorities. Below are some examples.

1. Children and Youth Reach their Potential

Mobilizing Youth Experiencing Homelessness Toward Community Integration - Argus Residence for Young People

- 83% of youth without productive activity at intake increased education, employment or access to employment in two weeks of shelter stay
- 75% of youth goals, relating to health, education, employment or civic engagement, were achieved, during their stay
- 93% of youth improved goal setting abilities by discharge

In-School Mentoring Program - Big Brothers Big Sisters of Cambridge

- Mentors and Teachers have reported to us that:
- 56% of Littles show an increase in class participation at school
- 78% of Littles seem to have an increase in self esteem
- 72% of Littles show an increase in enjoyment of learning and school

2. Families are Strong

Self Help Cambridge Recovery Centre - Self Help Alliance

- Individuals are improving their recovery with healthier life choices, and improvement in social and pre-employment skills:
- 58% of individuals improved their employment skills and were able to identify how to find a job
- 79% experienced a decrease in social isolation and improvement in social networks
- 79% experienced improvement in healthier life style activities

Healthy Living: Positive Steps to Dealing with Anger - Family Counselling Centre of Cambridge & North Dumfries

- 92% of program participants indicated that they are using destructive expressions of anger less often, and using healthy coping strategies more often since joining the group.

3. People are Economically Secure

Welcome Aboard Drop-In Centre - Cambridge Shelter Corporation

- 80% of clients began to use their case plan to move forward within three months, and over 50% began to set goals for themselves within six months.
- 60% of clients were significantly connected to community supports within three months, and nearly 50% were able to retain their housing within three months of accessing the drop-in centre.

4. Neighbourhoods are Inclusive and Thriving

Community Development Program – Preston - Preston Heights Community Group

- Leadership:
- 80% of the Youth Committee reported a moderate increase in their leadership knowledge, and nearly 75% reported gaining leadership skills through practical experience
- 100% of youth feel positive about having leadership responsibilities in their neighbourhood

5. Newcomers are Welcomed and Supported

Newcomer Youth Program - YMCA of Cambridge

- Immigrant Youth Program Participants:
- 60% report participating in other YMCA program and activities
- 50% report being involved in activities, teams, or clubs at their school or in their community
- 30% of participants report volunteering at the YMCA or in the community