



WHERE CAN I VOLUNTEER?

The following is a list of Volunteer Cambridge Service Members, organizations that are actively recruiting volunteers. Feel free to visit their websites or call their Volunteer Manager to inquire about available positions.

**Don't forget to have a peak at our
ONLINE VOLUNTEER OPPORTUNITIES DATABASE
located at: www.volunteercambridge.ca**

Please contact us if you have questions:

**United Way of Cambridge and North Dumfries
150 Main Street, 2nd floor
Cambridge, ON N1R 6P9
Phone: (519) 621-1030
Fax: (519) 621-6220**

**Sarah Daly: sarah@uwcambridge.on.ca
Judy McKnight: judy@uwcambridge.on.ca**

**ACCKWA - Aids Committee of Cambridge,
Kitchener, Waterloo & Area**

Website: www.acckwa.com

Volunteer Contact: Lynn Cashubec

Phone: 519-570-3687 x 313

Email: volunteer@acckwa.com

Alison Neighbourhood Community Centre

Website: www.alisonneighbourhood.org

Volunteer Contact: Theresa Munoz

Phone: 519-620-1867

Email: theresa.volunteercoordinator@gmail.com

Alzheimer Society of Cambridge

Website: www.alzheimercambridge.on.ca

Volunteer Contact: Kim Roberts-Melo

Phone: 519-650-1628

Email: admin@alzheimercambridge.on.ca

Arthritis Society

Website: www.arthritis.ca

Volunteer Contact: Jennifer Murray

Phone: 519-743-2820 x 1104

Email: jmurray@on.arthritis.ca

Big Brothers Big Sisters of Waterloo Region

Website: www.bbbswr.org

Volunteer Contact: Ashley Ablack

Phone: 519-629-0810 x 208

Email: ashley.ablack@bbbswr.org

Cambridge Family Early Years Centre

Website: www.cfeyc.ca

Executive Director: Donna Kendrick

Phone: 519-740-8353 x 222

Email: dkendrickcfeyc@bellnet.ca

Cambridge Libraries & Galleries

Website: www.cambridgelibraries.ca

Volunteer Contact: Karen Murray-Hopf

Phone: 519-621-0460 x 121

Email: kmurray-hopf@cambridgelibraries.ca

**Cambridge Memorial Hospital Volunteer
Services**

Website: www.cmh.org

Volunteer Contact: Paul Corkery

Phone: 519-621-2333 x 2368

Email: pcorkery@cmh.org

Cambridge Self-Help Food Bank

Website: www.cambridgefoodbank.on.ca

Volunteer Contact: Tara Cooper

Phone: 519-622-6550 x 106

Email: tcooper@cambridgefoodbank.on.ca

Cambridge Shelter Corporation (Bridges)

Website: www.cambridgesheltercorp.ca

Volunteer Contact: Gillian Aiello

Phone: 519-624-9305 x 100

Email: gillian@cambridgesheltercorp.ca

Canadian Blood Services

Website: www.blood.ca

Volunteer Contact: Janice Wall

Phone: 905-645-6319

Email: janice.wall@blood.ca

Canadian Cancer Society - Waterloo Region Unit

Website: www.cancer.ca

Volunteer Contact: Sheena Noel

Phone: 519-886-8888 x 3144

Email: SNoel@ontario.cancer.ca

Canadian Mental Health Association – Grand River Branch

Website: www.cmhawrb.on.ca

Volunteer Contact: Ann Boyko

Phone: 519-740-7782 (Ann)

Email: boykoa@cmhagrb.on.ca

Canadian Red Cross

Website: www.redcross.ca

Phone: 519-621-1840

Email: cambridge@redcross.ca

CARP Chapter 41

Website: www.carp.ca/cambridge

Volunteer Contact: Marian Maynard

Phone: 519-267-0144 (HOME, do not publish)

Email: carp41cambridge@gmail.com

Central Ontario Developmental Riding Program (Pride Stables)

Website: www.pridestables.com

Volunteer Contact: Ashley Biddiscombe

Phone: 519-653-4686

Email: volunteering@pridestables.com

Child Witness Centre of Waterloo Region

Website: www.childwitness.com

Volunteer Contact: Linda Mark

Phone: 519-744-0904

Email: linda.mark@childwitness.com

City of Cambridge – Community Services

Website: www.cambridge.ca

Volunteer Contact: Colleen Lichti

Phone: 519-740-4681x 4603

Email: lichtic@cambridge.ca

City of Cambridge - Friendly Visiting Program

Website: www.cambridge.ca

Volunteer Contact: Yolanda Myskiw

Phone: 519-740-4681

Email: myskiwy@cambridge.ca

CNIB

Website: www.cnib.ca

Volunteer Contact: Tammy Rahamut

Phone: 519-742-3536 ext. 5159

Email: Tammy.Rahamut@cnib.ca

Community Living Cambridge

Website: www.communitylivingcambridge.ca

Volunteer Contact: Sandy Caple

Phone: 519-621-0680 x 17

Email: scaple@communitylivingcambridge.ca

Community Support Connections

Website: www.communitysupportconnections.org

Volunteer Contact: Michelle Hughes

Phone: 519-772-8787 x 216

Email: MichelleH@communitysupportconnections.org

Extend - A - Family Association

Website: www.eafwr.on.ca

Volunteer Contact: Becky Klokkoff

Phone: 519.741.0190 ext. 226

Email: bklokkoff@eafwr.on.ca

Fairview Mennonite Home

Volunteer Contact: Marilyn Berge

Phone: 519-653-5719 x 238

Email: mberge@fairviewmennonitehomes.com

Family & Children's Services of Waterloo Region

Website: www.facswaterloo.org

Volunteer Contact: Carrie Landry

Phone: 519-576-0540 x 3411

Email: Carrie.Landry@facswaterloo.org

Family Counselling Centre of Cambridge & North Dumfries

Website: www.fccnd.com

Volunteer Contact: Lori Wagner

Phone: 519-632-9737

Email: loriw@fccnd.com

Fiddlesticks Community Centre

Website: www.fiddlesticks.ca

Volunteer Contact: Bernardete Tavares

Phone: 519-621-4040 x 22

Email: volunteer.services@on.aibn.com

Grand Valley Trails Association

Website: www.gvta.on.ca

Volunteer Contact: Debi Knight

Phone:

Email: djknight@rogers.com

Greenway - Chaplin Community Centre

Website: www.greenwaychaplin.org

Volunteer Contact: Theresa Munoz

Phone: 519-623-4220

Email: theresa.volunteercoordinator@gmail.com

Habitat for Humanity - Waterloo Region

Website: www.hfhwr.ca

Volunteer Contact: Leonor Weaver

Phone: 519-747-0664 x 23

Email: lweaver@hfhwr.ca

Hospice of Waterloo Region

Website: www.hospicewaterloo.ca

Volunteer Contact: Tamara White

Phone: 519-743-4114 x 115

Email: tamara@hospicewaterloo.ca

KidsAbility - Centre for Child Development

Website: www.kidsability.ca

Volunteer Contact: Annie Crump

Phone: 519-886-8886 x 1272

Email: acrump@KidsAbility.ca

Kinbridge Community Association

Website: www.kinbridge.ca

Volunteer Contact: Teena Schrock

Phone: 519-740-8565

Email: teenas@kinbridge.ca

Leadership Waterloo Region

Website: www.leadershipwaterlooregion.org

Volunteer Contact: Anne Lavender

Phone: 519-742-7338

Email: alavender@leadershipwaterlooregion.org

Hopespring Cancer Support Centre

Website: www.hopespring.ca

Volunteer Contact: Lorraine Prus

Phone: 519-742-4673

Email: lorraine@hopespring.ca

John Howard Society of Waterloo-Wellington

Website: www.waterloo.johnhoward.on.ca

Volunteer Contact: Lynn Teixeira

Phone: 519-743-6071 x 208

Email: lynnteixeira@waterloo.johnhoward.on.ca

KidsLINK

Website: www.kidslinkcares.com

Volunteer Contact: Selena Koprnicky

Phone: 519-741-1122 x 233

Email: skoprnicky@kidslinkcares.com

Langs

Website: www.langs.org

Volunteer Contact: Melinda McCoy

Phone: 519-653-1470 x 232

Email: melindam@langs.org

Literacy Group of Waterloo Region

Website: www.theliteracygroup.com

Volunteer Contact: Cathy O'Brien

Phone: 519-621-7993

Email: cathy@theliteracygroup.com

National Service Dogs

Website: www.nsd.on.ca

Volunteer Contact: Stephanie Cherrri

Phone: 519-623-4188 x 20

Email: volunteer@nsd.on.ca

Nutrition for Learning

Website: www.nutritionforlearning.ca

Volunteer Contact: Debbie Moxam

Phone: 519-624-5744

Email: DMoxam@nutritionforlearning.ca

Parkinson Society Canada – Southwestern Ontario

Website: www.parkinsonsociety.ca

Volunteer Contact: Joanne Bernard

Phone: 519-652-9437 x 24

Email: Joanne.Bernard@parkinsonsociety.ca

Planned Lifetime Networks

Website:

Volunteer Contact: Verlyn Rowett

Phone: 519-746-1188

Email: rowett.iv@sympatico.ca

Popcorn House Community Centre

Website: www.popcornhouse.ca

Volunteer Contact: Nicole Kells

Phone: 519-654-9444

Email: nicole.kells@popcornhouse.ca

Preston Heights Community Group

Website: www.prestonheights.ca

Volunteer Contact: Sharron Lirette

Phone: 519-650-2971

Email: phcgvolunteer@golden.net

Saint Luke's Place

Website: www.saintlukesplace.ca

Volunteer Contact: Wayne Byrnes

Phone: 519-658-5183 x 244

Email: recreationmanager@saintlukesplace.ca

Saint Monica House

Website: www.saintmonicahouse.org

Volunteer Contact: Beth Anne Stephens

Phone: 519-743-0291 x 224

Email: prog-supervisor@saintmonicahouse.org

Sexual Assault Support Centre of Waterloo Region

Website: www.sascwr.org

Volunteer Contact: Heidi Wheeler

Phone: 519-571-0121 x 24

Email: heidi@sascwr.org

Social Planning Council of Cambridge & North Dumfries

Website: www.socialplaninngcouncil-cnd.org

Executive Director: Linda Terry

Email: linda@socialplanningcouncil-cnd.org

St. Andrew's Terrace Long Term Care

Website: www.srgroup.ca

Volunteer Contact: Debbie Forget

Phone: 519-620-9512 x 240

Email: debbie_forget@srgroup.ca

St. John Ambulance - Cambridge

Website: www.sja-cambridge.ca

Executive Director: Myra Klaassen

Phone: 519-740-8895

Email: camry@golden.net

Stirling Heights Long Term Care

Website: www.reveraliving.com

Volunteer Contact: Nicole Watson

Phone: 519-622-3434 x 228

Email: nicole.watson@reveraliving.com

Stroke Recovery Association - Cambridge and District

Volunteer Contact: Norma Rudy

Phone: 519-742-3226

Email: sracam@sentex.net

Sunrise Therapeutic Riding & Learning Centre

Website: www.sunrise-therapeutic.ca

Volunteer Contact: Lynne O'Brien

Phone: 519-837-0558 x 31

Email: lynne@sunrise-therapeutic.ca

Telecare Cambridge Distress Centre

Website: www.telecarecambridge.com

Board Chair: Bill Robson

Phone: 519-658-6805

Email: bill-robson@rogers.com

Trinity Community Table

Volunteer Contact: Marilyn Parkinson-Crump

Email: mcrump@rogers.com

VON P.A.T.E.R. Program

Volunteer Contact: Janis Doran

Phone: 519-622-4967

Email: janis.doran@von.ca

Waterloo Regional Block Parent Program

Website: www.blockparents.ca

Volunteer Contact: Andrea Letic

Phone: 519-745-8410

Email: andrea@blockparents.ca

Women's Crisis Services Waterloo Region

Website: www.wcswr.org

Volunteer Contact: Sandra Clarke

Phone: 519-653-2289 x 2118

Email: sandra.clarke@wcswr.org

YMCA of Cambridge

Website: www.ckwymca.com

Volunteer Contact: Wendy Dwornikiewicz

Phone: 519-621-3250 x 315

Email: wdwornikiewicz@ckwymca.ca

YWCA of Cambridge

Website: www.ywcacambridge.ca

Executive Director: Kim Decker

Phone: 519-650-0800

Email: k.decker@ywcacambridge.ca