



**United Way of Cambridge and North Dumfries' Volunteer Cambridge, is pleased to present the following volunteer opportunities in our community. This list is updated weekly and posted at [www.volunteercambridge.ca](http://www.volunteercambridge.ca) . For more information on volunteering and on the opportunities listed below, please contact (519) 621-1030 x 229 or [info@volunteercambridge.ca](mailto:info@volunteercambridge.ca).**

### **St Andrew's Terrace Long Term Care Community**

What is your game? Bingo! Volunteer opportunities are available immediately for people of all ages, Tuesday and Thursday evenings and Saturday afternoons. Come spend some rewarding one to one time assisting residents to play bingo. Volunteers can be youth, 14 years and older. Come volunteer as a couple, an individual or as a family. This would also be an excellent opportunity for high school students to get their 40 hours of community service requirements. Facility is on the bus route. Volunteers will be given orientation and receive supportive supervision from a Life Enrichment worker. For more information contact: Debbie Forget, Volunteer Coordinator, Phone: 519-624-5193 ext. 240; Email: [debbie.forget@srgroup.ca](mailto:debbie.forget@srgroup.ca)

### **Stirling Heights Long Term Care Centre**

Numerous volunteer opportunities are available to build relationships with people in your community while developing new skills and gaining a sense of accomplishment. Training and orientation is provided to all volunteers. Transportation via the bus route is available, making these volunteer opportunities accessible to all.

#### **Volunteer Opportunities:**

- Dinning Room Assistant
- Portuguese Speaking Friendly Visiting Volunteer
- Friendly Visiting Volunteer
- Recreation Assistant Volunteer
- Shopping Trip/Outing Assistant Volunteer

For more information contact: Nicole Watson, Recreation Manager, Stirling Heights Long Term Care by Revera; Phone: 519-622-3434; Fax: 519-622-0403; Email: [nicole.watson@reveraliving.com](mailto:nicole.watson@reveraliving.com) or Web site: [www.reveraliving.com](http://www.reveraliving.com)

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