

A Success Story



Abigail started attending gym programs at Langs Farm as a shy 9 year old. Soon after, Abigail began attending breakfast club, evening drop-in and summer programs which helped her move past her shyness and built confidence. Eventually, Abigail began to attend teen programs and found that it was helpful to come to the Youth Centre and talk to staff about any new issues she was facing. Now in Grade 11 and having completed a Co-op placement at the Youth and Teen Centre, Abigail

has decided that her experiences here were life-changing and she would like to make a difference in the lives of others as a Child and Youth Worker.

Contributed by: Lang's Farm, Youth & Teen Centre

List of Programs and Partners

After-School Adventures Program

Kinbridge Community Association
www.kinbridge.ca

Anti-Bullying

John Howard Society of Waterloo-Wellington
www.waterloo.johnhoward.on.ca

Big Bunch Recreation and Activity Program

Big Brothers Big Sisters of Waterloo Region
www.bbbswr.org

Child Witness Program

Child Witness Centre
www.childwitness.com

COPEs

John Howard Society of Waterloo-Wellington
www.waterloo.johnhoward.on.ca

Drop-In Recreation Program

YMCA of Cambridge
www.ymcacambridgekw.ca

Girls Program

YWCA of Cambridge
www.ywcacambridge.ca

In-School Mentoring Program

Big Brothers Big Sisters of Waterloo Region
www.bbbswr.org

Kids Can Play

Kids Can Play Association of Cambridge
(519) 651-2847

Mobilizing Homeless Youth Toward Community Integration

Argus Residence for Young People
www.argusresidence.com

One-to-One, Couple, and Family Match Program

Big Brothers Big Sisters of Waterloo Region
www.bbbswr.org

Roots of Empathy Program

YWCA of Cambridge
www.ywcacambridge.ca

School-Based Counselling Program

Lutherwood
www.lutherwood.ca

Seventh Inning Alternative Education Program

Langs Farm Village Association
www.langs.org

Youth and Teen Centre Program

Langs Farm Village Association
www.langs.org



Children and Youth Achieving their Potential

As the future of our community, youth need to live, learn and grow in a supportive, nurturing environment. United Way empowers the next generation to reach its true potential.

GIVE. BELIEVE. VOLUNTEER.
LIVE UNITED.



WWW.UWCAMBRIDGE.ON.CA

United Way
Cambridge &
North Dumfries



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THE NEEDS OF OUR COMMUNITY

It is important for children and youth to grow in positive and nurturing environments. Despite good services and opportunities, there are still gaps. All children & youth face some risks, and some may be more vulnerable. There are differences across the community in the availability of community resources, especially for children with special needs.

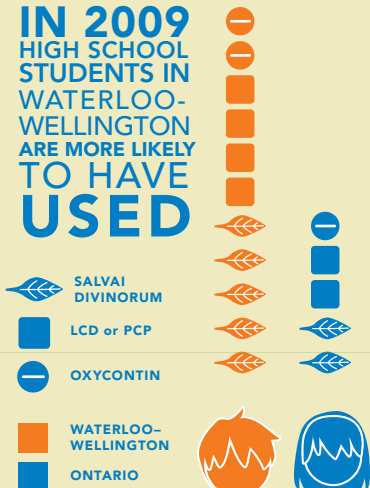
BULLYING IN ELEMENTARY SCHOOL HAS BEEN IDENTIFIED AS AN IMPORTANT CHALLENGE



LOCAL AND NATIONAL REPORTS HAVE IDENTIFIED OBESITY AS A RISK FACTOR



IN 2009 HIGH SCHOOL STUDENTS IN WATERLOO-WELLINGTON ARE MORE LIKELY TO HAVE USED



THE NUMBER OF INVESTIGATIONS INITIATED BY FAMILY AND CHILDREN'S SERVICES HAS RISEN STEADILY



TOGETHER WE ARE MAKING A CHANGE



United Way and its partners are responding to the needs of our community. We are working together to make sure that the needs of children and youth are being met and that they have the tools to reach their full potential. We have helped to develop programs that help:

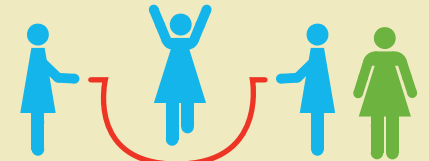
Children and youth are more attached to school.

87% OF STUDENTS SIGNIFICANTLY DECREASED RISKS ASSOCIATED WITH DROPPING OUT OF SCHOOL



ARGUS RESIDENCE FOR YOUNG PEOPLE

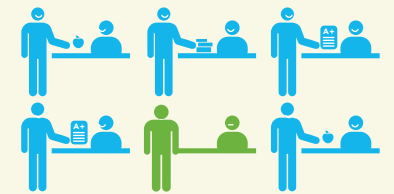
76% OF YOUTH INDICATED FEELING MORE INCLUDED IN THEIR SCHOOL COMMUNITY



JOHN HOWARD SOCIETY OF WATERLOO-WELLINGTON

Children and youth are making social and emotional gains.

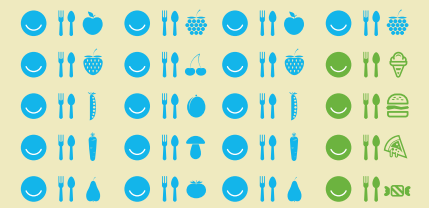
94% OF TEACHER RESPONDENTS INVOLVED IN THEIR IN-SCHOOL MENTOR PROGRAM AGREED IT HELPED TO IMPROVE STUDENT'S BEHAVIOUR



BIG BROTHERS BIG SISTERS

Children and youth are healthier.

80% OF PARTICIPANTS OF THE AFTER SCHOOL ADVENTURES KNOW MORE ABOUT HEALTHY SNACKING



KINBRIDGE COMMUNITY ASSOCIATION